

Ten Questions to Help You Prepare for Mediation

1. What would you like to see happen?
2. What do you think the other participants would like to see happen?
3. What is the best possible outcome if you let someone else decide the outcome?
4. What is the worst possible outcome if you let someone else decide the outcome?
5. What are the time, money, emotional energy, and relationship costs of staying in conflict?
6. What are the benefits of not reaching an agreement?
7. What are the benefits of reaching an agreement?
8. Who else (family, friends, colleagues, community) may be impacted by your decision?
9. What other possible ideas or options may meet your needs?
10. What ideas or options might be acceptable to you?

You may find additional complimentary resources, including the naming needs list, noticing needs self-assessment, and personal peace reflection online at:

<https://brucknermediation.com/peacebuilding-tools/>



**BRUCKNER
MEDIATION**

Transforming conflict with clarity, compassion, and curiosity.

Bruckner Mediation facilitates conversations and mediates disputes ranging from caring for aging parents and child parenting time to workplace bias and organizational conflict. To learn more or schedule coaching, consulting, mediation or a training for your business, group, or organization, you may email sherry@brucknermediation.com or call 320.808.3212.

Be gentle with you.
Be gentle with all.
Be the peace.



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