

Connective Communication: In Close Personal Relationships

Within my close personal relationships, I wish for:

When that happens, my needs for _____ are met.

The most important needs that the relationship with my close person meet are:

- 1.
- 2.
- 3.
- 4.

M	
F	N

I notice _____.

I wonder _____.



Transforming conflict with
clarity, compassion, and curiosity.

M

F

N

Am I noticing what I appreciate, and saying so?

When I see or hear _____

I feel _____

It meets my need for _____

Thank you!

Be gentle with you.

Be gentle with all.

Be the peace.



**BRUCKNER
MEDIATION**

Transforming conflict with clarity, compassion, and curiosity.